



Background

We learned that, we cannot prove or disprove the existence of God through historical or scientific means (see previous lesson for reasoning). The best way to prove God's existence is by personally Knowing Him. We also learned that knowledge of Him does not happen overnight. It grows (2Pe 3:18). This growth happens in the form of the growth of the spirit of God that we received in Baptism (Adam received it as a breath of life). Using the analogy of St. Macarius of Alexandria, the spirit we receive in Baptism is a "baby" spirit that we are responsible to feed so that it grows. And when it grows it will reach the likeness of God - Jesus- (2Co 3:18) that was instilled in us since the Creation (see Gen.1:26-27).

Aim

Throughout the year, we will focus on the growth in the knowledge of Christ. We will examine and learn about the different aspects of growth that we need to go through for growing spiritually in Christ.

For this month, we will focus on the growth in faith. This is achieved mainly by learning to see what God has done for us; by actively looking for His Hand in our lives and by remembering and thanking Him for all what He has done and is doing for us. This will be done through different daily exercises. The ultimate achievement is to put full trust in God.

Memorization Verses

Throughout of the month we will memorize Jn 20:30,31.

Introduction

This lesson is about Jesus's miracle in Cana of Galilee, where He changed the water into wine (Jn. 2:1-10).

Lesson

From this miracle, we learn the following:

- God is ready to help; waiting for us to ask.
- God will not only help in big problems, and reject small ones.
- God's solution is the best solution that fits our needs.

When we learn about Jesus miracles, our faith grows stronger that God can intervene and change things when we ask Him. In this specific miracle, we see an example of St. Mary's intercession on behalf of the servants at the wedding.

Week Exercise

In order to learn to see God's work in our lives, we need to scan our lives daily, looking for the Hand of God. When we see His Hand, we thank Him. In this exercise, nightly we need to go over the day, looking for God's Hand; it may be:

- something good that happened to you.

Growing in Faith - Jesus Changes Things

- some kind of good behavior that you wouldn't normally do.
- an answered prayer.
- an act of kindness that someone showed to you.
- moments of peace that's not expected.
- more obedient to your mom or dad without grumbling.
- ...etc.

When you spot any indication of God's work, record it. Either commit it to memory or write it down (Ps. 103:2). These are not to be shared with anybody (except your Father of confession if you want to). Of course, these are things we don't boast about or go around bragging about. This is your hidden treasure that when you find it, you hide it even more (see Mt. 13:44).

Finally, thank God for His continuous Help to you and for allowing you to see His Hand in your life. The more you look for God, the more He will show Himself to you (Lk 11:10)